

LABRAE LOCAL SCHOOLS

ATHLETIC HANDBOOK



2026 - 2027

Board Approved: July 2026

Quick Start Guide for Athletes & Parents

This summary highlights key expectations for participation in LaBrae Athletics. All athletes and parents are responsible for reviewing the full Athletic Handbook for complete policies.

Eligibility Requirements

To participate in athletics, student-athletes must:

- Meet all **OHSAA and school academic eligibility requirements**
 - HS Eligibility - Successfully complete **5 credits** (not counting physical education) and maintain a minimum **1.0 GPA**
 - MS Eligibility - Successfully complete **4 credits** (not counting physical education) and maintain a minimum **1.0 GPA**
 - Summer school does not count for purposes of eligibility
 - Be in good standing with school attendance and discipline
-

Attendance Expectations

- Athletes must be in school by **4th period** on the day of a practice or contest
- Athletes absent due to illness may not participate that day
- Attendance at all practices and contests is expected
- Absences must be communicated to the coach in advance

Failure to meet attendance expectations may result in disciplinary action.

Chain of Command

Concerns should be addressed in the following order:

1. Student-athlete meets with the coach
2. Parent/guardian contacts the coach to schedule a meeting
3. Parent/guardian contacts the Athletic Director
4. Parent/guardian contacts the Principal

Parents should not approach coaches before or after contests. Following this process helps ensure timely and respectful resolution.

Code of Conduct

Student-athletes are expected to:

- Demonstrate respect for coaches, teammates, opponents, officials, and staff
- Exhibit good sportsmanship at all times
- Follow all team rules, school policies, and OHSAA regulations
- Refrain from the use of drugs, alcohol, and tobacco
- Represent the school appropriately at all times, including on social media

The following behaviors are strictly prohibited:

- Hazing, bullying or harassment
- Inappropriate or harmful social media activity
- Unsportsmanlike conduct

Participation in athletics is a privilege and may be revoked for violations.

Major Consequences

Violation	Possible Consequences
Missed practice or contest	Reduced playing time or suspension
Unsportsmanlike behavior	Suspension from contests
School rule / team rule violation	Discipline determined by coach and/or administration
School disciplinary action	Suspension from athletics
Drugs, alcohol, tobacco	Suspension or removal from team
Social media violations	Discipline up to suspension or removal from team
Hazing or bullying	Immediate removal from team, school discipline

Consequences increase for repeated offenses

Final Statement

Participation in athletics is a privilege that requires commitment, accountability, and character. Student-athletes represent their team, school, and community at all times.

LABRAE HIGH SCHOOL ATHLETIC HANDBOOK

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Welcome to LaBrae Athletics

Participation in interscholastic athletics provides students with opportunities to develop leadership, teamwork, discipline, and character while representing our school and community.

At LaBrae, we believe athletics are an extension of the educational experience. Success is measured not only by victories and championships, but also by the integrity, sportsmanship, and commitment demonstrated by our student-athletes, coaches, and families.

This handbook has been developed to provide clear expectations and promote a positive experience for everyone involved in LaBrae Athletics. We encourage all student-athletes and parents to review these guidelines carefully and to work together to uphold the traditions and values that make LaBrae special.

Thank you for your commitment to Viking Athletics.

PHILOSOPHY

The purpose of interscholastic athletics is to provide rich and wholesome activities for as many students as possible, and as a result, students will develop, to the greatest degree, the talents and skills needed in the performance of their duties as responsible citizens in our society.

GOALS

The goal of the school is to provide an athletic opportunity for all students. All students in the schools should be provided the opportunity to participate in a well-developed, comprehensive program. The needs of all participants should be met by a well-supervised program in health, physical fitness and recreational activities. The primary goal shall be to assist with the development of each individual athlete into a better person through the teaching of good, sound character traits. To achieve this goal, we feel that our athletic program should develop proper attitudes, instill an appreciation of values, build character, promote cooperation and teamwork, aid in the acquisition of skills, develop good habits and increase the understanding and appreciation of sports for each of the participants.

OBJECTIVES

The coaches shall encourage each individual and the team to strive for excellence in all that they do, but never "to win at any cost." All persons concerned with the athletic program at LaBrae Schools have a duty to:

1. Emphasize the proper ideals of ethical conduct, fair play, sportsmanship and cooperation;

2. Instill in each athlete the value derived from playing the game fairly;
3. Eliminate all possibilities which tend to destroy the best values of the game;
4. Show proper courtesy to visiting teams, spectators, officials and coaches;
5. Recognize that the purpose of athletics is to promote proper attitudes, the appreciation of moral and social values, the building of character and physical well-being and the understanding and appreciation of sports;
6. Encourage leadership, good judgment and the use of initiative by the players on the team;
7. Understand and emphasize to the participant the standards of eligibility; and
8. Emphasize that an athletic contest is only a game--not a matter of life and death.

SCHOLARSHIP/ELIGIBILITY

A pupil must follow the policies, rules and regulations as set forth by the O.H.S.A.A. and the LaBrae Local Board of Education. No special tests or other considerations can be given for the purpose of making a pupil eligible. High school students (grade 9-12) must have received passing grades in a minimum of five (5) one credit courses, or the equivalent, and maintained a 1.0 GPA in the immediately preceding grading period. (NOTE: Students taking post-secondary options must comply with these standards).

Middle school students (grades 7-8) must have received passing grades in a minimum of four (4) subjects, and maintained a 1.0 GPA in the immediately preceding grading period.

Students may not use summer school grades for failing grades received or lack of courses taken in the final grading period. Your semester and yearly grades have no effect on eligibility. Those taking postsecondary school courses must comply with OHSAA scholarship regulations. The eligibility or ineligibility of a student continues until the start of the fifth school day of the next grading period, at which time the grades from the immediately preceding grading period become effective.

Age Limitation: OHSAA Bylaw 4-2-1 states that once a student attains the age of 20, the student will no longer be eligible for interscholastic athletic competition notwithstanding where that 20th birthday falls in relation to the sports season. Also, OHSAA Bylaw 4-2-2 states if a student enrolled in grade 7 or 8 attains the age of 15 before August 1, they shall be ineligible to participate in the 7th or 8th grade interscholastic athletics for the school year commencing in that calendar year.

RESIDENCE AND TRANSFER OF SCHOOLS (Bylaw 4-7 Exceptions 1-11)

Students may attend any public or non-public high school in which you are accepted when you enter high school (grade 9) from a 7th – 8th grade school. Eligibility at that school is established by:

1. Participating in a contest (scrimmage, preview or regular season game) prior to the first day of school
2. Attending the first day of school at any high school in grades 10, 11, 12

If a student transfers at any time after the fifth day of the student's ninth grade year or after having established eligibility prior to the start of school by playing in a contest (scrimmage, preview/jamboree, Foundation game or regular season/tournament contest), the student shall be eligible, insofar as transfer is concerned, ONLY until the first 50% of the maximum allowable varsity regular season contests (including all scrimmages, preview/jamboree/Foundation games) have been competed in those sports in which the student participated (participation being defined as playing in a contest) during the 12 months immediately preceding this transfer. This transfer consequence shall remain in effect until the one-year anniversary of the date of enrollment in the school to which the student transferred, at which time the student is no longer considered a transfer student. To see if you qualify for an exception, you and your parents should arrange a meeting with your principal or athletic administrator and review the document entitled "The OHSAA Transfer Bylaw," which is found online at www.ohsaa.org, prior to transferring to another school.

SEMESTERS OF ENROLLMENT

After establishing ninth-grade eligibility, you are permitted eight (8) semesters of athletic eligibility. The semesters are taken in order of attendance once ninth-grade eligibility has been established. Also, semesters during which a student simply does not attend a high school due to withdrawal will be counted in the total of the eight (8) semesters that are permitted. Semesters are counted toward eligibility whether you participate in interscholastic athletics or not. Those with a disability may qualify for an exception to this regulation and should arrange a meeting with the principal or athletic administrator to review the exception.

ATTENDANCE GUIDELINES

Students are expected to attend school in order to participate in all practices and contests. Consequently, students must adhere to each of the following guidelines:

1. A student must arrive at school no later than 11:39 a.m.
2. A student must be present for at least half of a school day, i.e. 3 hours
3. Students who receive advanced administrative approval may not be subject to the above guidelines. (i.e. fieldtrips, funerals, college visits, etc.)
4. A student serving an In School Suspension will be eligible at 2:26 p.m. the day the restriction ends.

5. A student serving Out of School Suspension will be eligible the day after the suspension ends.
6. A student who is in violation of an attendance contract may lose all privileges to extracurricular activities until they are in full compliance with the contract.

PLAYER'S PLEDGE

The Player's Pledge extends beyond mere participation in an athletic endeavor. It requires a full commitment from the participant as an athlete, student, and school citizen. Mutual respect and team membership are to be expected equally of player and coach and, for the player, involve the following promises:

As a player in my school, I promise:

1. To be a model of appropriate language and behavior as an ambassador of good sportsmanship.
2. To be accountable and responsible in a trustworthy manner.
3. To respect and dignify each of my teammates and coaches as an individual.
4. To place the team's goals, welfare, and success above my own.
5. To consistently attend all practices.
6. To play and practice safely and to ask of myself as much as I ask of my teammates in practices and games.
7. To be coachable and to push myself in an attempt to reach my full potential.
8. To be receptive to constructive criticism from my coaches.
9. To accept time demands with respect to my academic, athletic, and family responsibilities.
10. To promote among all my teammates and coaches a solid sense of team membership.
11. To demonstrate a genuine concern and respect for my sport, my teammates and coaches, the opposing teams, coaches, and officials.
12. To hold myself in high regard.
13. To demonstrate honesty, loyalty, integrity, and respect on a consistent basis.
14. To keep my focus and composure at all times.
15. To work, whenever appropriate, as a role model of citizenship, sportsmanship, and scholarship with younger students in our school system.
16. To communicate openly and honestly with my parents and coaches regarding my status on the team.
17. To adhere to all team and school rules.
18. To refrain from the use of tobacco, vape products, alcohol, or drugs of any kind.

RESPONSIBILITIES

All athletes who wish to participate in interscholastic athletics must fill out all athletic forms on FinalForms including the following:

1. Pre-Participation Physical Form
2. Concussion Informational Sheet
3. Emergency Medical Authorization Form (Both Sides)
4. The LaBrae Athletic Contract
5. The Athletic Participation Waiver, Consent and Release Form
6. Drug Policy Informed Consent Form

CODE OF CONDUCT

1. On the field we expect an athlete to:
 - A. Be prompt and punctual. The coaches must be consulted if it is necessary to miss practice or a game either medical or personal.
 - B. Use no profanity.
 - C. Strive for all effort and teamwork.
 - D. Have self-control. Fits of temper will not be tolerated.
 - E. Have respect for coaches, officials and opponents.
2. In the classroom, we expect an athlete to:
 - A. Be as fine a student as he is capable of being. A good athlete will plan his time so that he will have sufficient time for school work.
 - B. Attend school at least one-half day in order to participate in either practice sessions or game contests. Under the special conditions, this rule may be waived by the Athletic Director or Principal.
3. Care of Equipment One of the great values of athletics at LaBrae Schools has been the teaching of responsibility in the care of equipment. This equipment meets all specified standards as outlined by the O.H.S.A.A. We expect each athlete to care for this equipment.
 - A. The school athletic department will issue every athlete the equipment necessary to participate in the activity, where applicable.
 - B. The original equipment issued to a student as a participant must be returned at the close of the season. Exchange of equipment among athletes cannot be permitted.
 - C. Athletes will be held financially responsible for any lost, damaged or misplaced equipment.
4. Injury Prevention All injuries are to be reported to the coach when they occur. Have all skin abrasions treated, no matter how minor they seem, especially blisters.

5. Athletic Rules Athletes should consult their coach, and vice-versa, in regard to the OHSA rules pertaining to playing sports not sanctioned by the OHSA. Caution is advised. It is possible to lose eligibility in certain cases.

The following infractions will also result in disciplinary action:

1. Participation in any action resulting in the filing of criminal charges (excluding nonalcohol/drug related traffic violations) is subject to disciplinary actions
2. The theft or willful destruction or defacing of athletic or personal property
3. The chronic violation of school rules and regulations
4. Violation of hazing and/or sexual harassment policies. Hazing is defined as an act, including physical, mental, or psychological, which subjects another person, voluntarily or involuntarily, to anything that may abuse, mistreat, degrade, humiliate, harass, or intimidate him/her, or which may, in any fashion, compromise his/her inherent dignity as a person. Hazing can also be a form of initiation into a particular club or activity.
5. Any act or gesture which is considered by the administration or board of education to be rude, obscene or immoral and/or reflects poorly on LaBrae Local Schools.
6. The student-athlete's use of, consumption, possession of alcohol, illegal drugs, prescription drugs not their own and/or performance enhancing drugs or supplements and tobacco/vape products.
7. The hosting of a party where underage consumption and/or illegal drugs or are present.

DRUG, ALCOHOL, AND TOBACCO/VAPE CONSEQUENCES:

Students must follow all rules of the school handbook and those set forth by the coach of that particular sport. Any athlete that engages in the use of alcoholic beverages, drugs, or tobacco/vape products may be denied the right to participate according to the LaBrae Local Schools Drug Policy.

IF A VIOLATION OCCURS:

First Offense

1. A first violation of the code of conduct will result in denial of privileges of athletic participation for a minimum of 10% of the next contests scheduled for the season (current season or, if the violation occurs at a time when the student is not participating in athletics, the next games in the next season in which the student has previously participated in). During the suspensions, the student-athlete will not be present at the team's regularly scheduled competitive contests/and or events, including all post-

season tournaments and games. (Post season contests are an extension of the regular season).

2. The student shall be required to have a professional assessment and follow the recommendation of the assessment. Any cost of the program incurred is the responsibility of the athlete.

A. The student cannot participate in scheduled contests until the assessment is complete.

B. Failure to comply with recommendation of the assessment will result in dismissal from the team.

3. Students may participate in scheduled practice sessions during the denial of participation period at the discretion of the head coach.

Second Offense

The student-athlete will be denied participation for a minimum of 50% of the next contests scheduled for the season (current season or, if the violation occurs at a time when the student is not participating in athletics, the next games in the next season in which the student has previously participated in). The student must participate in and complete a professional education program to correct the abuse problem before reinstatement to any athletic team. When the student-athlete completes the educational program he/she may then return to the team as a practice player only until his/her imposed suspension is complete. Any cost of such program incurred is the responsibility of the parent.

Third Offense

The student-athlete will be denied participation for one calendar year from the infraction/suspension date. The student must participate in and complete a professional education program to correct the abuse problem before reinstatement to any athletic team. When the student-athlete completes the educational program he/she may then return to the team as a practice player only until his/her imposed suspension is complete. Any cost of such program incurred is the responsibility of the parent.

NOTES:

1. Any participant excluded for the remainder of any sport's season forfeits his/her right to any athletic award and awards' program.
2. With any suspension from athletic participation the student-athlete must maintain membership on the team through the last regular season contest or the penalty/suspension will be assessed during the next sport season.
3. The High School Principal will conduct an investigation and an informal hearing for the student prior to any disciplinary actions.

SALE AND DISTRIBUTION OF DRUGS/ALCOHOL/CHEMICAL SUBSTANCES

Any athlete involved in the sale and/or distribution of any drug, alcohol, or chemical substance will be immediately removed from the particular sport(s) and will be permanently denied athletic participation for the duration of the athlete's high school career. (An athlete may, after one calendar year, appeal to the Administration for re-consideration of the policy.)

STUDENT IS IN ATTENDANCE BUT NOT USING

Athletes attending a party or other gathering where alcohol or other illegal controlled substances are being unlawfully consumed shall be considered in violation. An athlete is required to leave the party or gathering immediately. Any violation occurring which involves law enforcement officials and have pending legal action, the administration shall issue the following disciplinary actions. First Offense: Written Warning Second Offense: See 1st offense under Drug and Alcohol Consequences Third Offense: See 2nd offense under Drug and Alcohol Consequences Fourth Offense: See 3rd offense under Drug and Alcohol Consequences

SELF-REFERRAL POLICY

Self referrals can only happen before a student is selected to be tested. A student may give a self-referral one time. The option will be considered if a student first seeks assistance in dealing with the alcohol/drug and any other problem by self-referral to their coach, guidance counselor, school administrator, or Athletic Director. The athlete must also agree to participate in an assessment as described by school and follow all recommendations of the assessment. The assessment must be scheduled and completed within fourteen (14) days of the self-referral. Refusal or failure to complete the assessment will result in the full first offense penalty as provided in this policy (See Section I). The athlete is immediately ineligible upon utilizing this option until the High School Administration and Athletic Director declares all the requirements of the self-referral option fulfilled. Any cost of the program incurred is the responsibility of the athlete/parent. Notes: A self-referral cannot be used by a participant as a method to avoid consequences once the policy has been violated and a student has been identified as having violated such policy.

INVESTIGATION PROCESS

The High School Principal will conduct an investigation and an informal hearing for the student will be held prior to any disciplinary action. Also, the Ohio Revised

Code 3313.664 does not mandate any form of due process in connection with the removal of students from extracurricular activities. Rather, it requires only that a policy be adopted which authorizes the superintendent, other administrators, coaches, or pupil activity supervisors to prohibit a student from participating in any or all extracurricular activities. Furthermore, the removal may be imposed for any period of time specified in the policy.

INDIVIDUAL SPORT RULE

Coaches may establish additional rules and regulations for their respective sports. Penalties will be designated/handled by their respective coach. Participants and parents will be informed in writing before the season. These rules will be discussed at the mandatory preseason meeting and will be on file in the High School Principal's or Athletic Director's office.

OHSAA--EJECTION FOR UNSPORTING CONDUCT (DISQUALIFICATION FOR UNSPORTING CONDUCT OR FLAGRANT VIOLATION)

Any player ejected or disqualified for unsporting conduct or flagrant foul shall be ineligible for all contests for the remainder of the day. In addition, the player may be ineligible for all contests at all levels in that sport until two (2) regular season/tournament contests (one (1) in football) are played at the same level as the ejection or disqualification. If the ejection is for fighting, the consequence doubles to four (4) contests (two (2) in football). When an ejection or disqualification of a player results from an illegal substitution in baseball, softball, or basketball, the two (2) game suspensions does not apply. If the ejection or disqualification occurs in the last contest of the season, the student shall be ineligible for the same period of the time as stated above in the next sport in which the student participates. A student under suspension may not sit on the team bench, enter the locker room, or be affiliated with the team in any way traveling to, during, or traveling after the contest(s). A student who is ejected or disqualified a second time shall be suspended for the remainder of the season in that sport. A student who has been ejected or disqualified for unsporting conduct for the second time in the season during the last contest shall be ineligible for a period of time/number of contests subject to the discretion of the Commissioner. The period of ineligibility shall commence during the next sport in which the student participates. It is the responsibility of the local school authorities to ensure this regulation is enforced. When an ineligible student is allowed to participate, forfeiture of the contest is mandatory. This regulation shall apply to all regular season and tournament contests and shall in no way limit the discretionary authority of the Commissioner as specified in the

OHSAA tournament regulations. In accordance with Bylaw 8-3-1, the decisions of contest officials are final.

CONCLUSION

It is imperative that student-athletes and parent/guardian(s) understand that participants in interscholastic activities, within the LaBrae Local School District, will adhere to following hierarchy of jurisdiction when infractions of any kind occur.

-Ohio High School Athletic Association (OHSAA)

-Student & Parent Athletic Handbook

-LaBrae High School Student Handbook

NOTE

Any infraction occurring during school hours or school-sponsored activities and the action/offense warrants a police report, the student-athlete may be subject to both disciplinary action from LaBrae High School Student Handbook and the Student & Parent Athletic Handbook.

NOTE

Out of school suspension takes precedence over any athletic suspension. If suspended athletically, the suspension will not be enforced until after the school consequence is completed. Depending on when the infraction occurs, a student-athlete may exceed the athletic suspension rule.

CORE TEAM COMMITTEE

A committee shall be selected by the athletic director to convene on an as needed basis to assist with the review of the disciplinary issues, athletic handbook and the drug policy. The committee shall consist of the building principal, three head coaches, and the athletic director. Further rules include the following, but are not limited to:

1. Violation of federal, state, or local laws or conviction of a felony.
2. A dismissed athlete may appeal the dismissal by procedures adopted by the Board of Education. The appeal would be directed to the building principal.
3. Unexcused absences (as determined by the head coach):
4. No athlete shall participate in any other sport or related activity without both coaches' permission. The athlete must declare which sport is the primary sport. The athletic director shall be notified.

5. Discipline - Coaches are responsible for discipline.

BANQUET AND AWARDS PROGRAMS POLICY

All awards will be given at the appropriate school recognized banquet/or awards program. Students must be in attendance to receive their award(s). Any exception to this rule must meet with the mutual agreement of the coach and athletic director. All coaches are expected to present the awards for their respective team. Proper student dress and behavior shall be emphasized and promoted by all coaches. The program shall remain within the framework of the established time schedule. Coaches shall submit the awards request to the athletic director immediately following the season's final event. Prior to the banquet and/or program date the athletic director will distribute all awards to the respective coach for his/her final review and completion.

ATHLETIC LETTERS

Upon recommendation of the Head Coach and the approval of the Athletic Director, a student who has fulfilled the requirements and finished the season in good standing, shall be awarded a letter in the sport in which he/she first earns the letter. Awards given to seniors and injured players shall be at the coach's discretion. If a participant is removed or quits, he/she will forfeit all letters and/or records (if any) in that sport. First year awards will be a seven inch monogram "L" and pin designating the sport. Thereafter, the person will be given a pin for the second, third, and fourth year award. All letters earned shall be applied toward one's senior award. Varsity Letter Certificate- A certificate will be awarded to each varsity letter winner. The certificate will indicate the number of letters that the athlete has received in that sport.

Junior Varsity Awards

Any student who is a faithful member of junior varsity athletic squad, upon recommendation of the coach, receives a certificate. The certificate is to be prepared by the junior varsity coach. Freshman Awards - any student who is a faithful member of a freshman athletic squad, upon recommendation of the coach, will receive a certificate. The certificate is to be prepared by the freshman coach.

NOTE

All certificate awards will be distributed by the athletic director to the respective coach or advisor prior to the awards assembly or banquet date. All letter and special awards will be distributed to the respective coaches prior to the presentation date.

ATHLETIC SENIOR AWARD

In order to qualify for a senior award, one must have earned at least four (4) letters, be in good standing and have finished the year in all sports. The individual must be approved by proper personnel: coaches, Athletic Director and Principal. Seniors' awards will consist of a trophy or plaque.

LETTER AWARDS - MINIMUM REQUIREMENTS

Baseball & Softball: A student shall participate in one-half ($1/2$) the total number of innings played during the regular season. Pitchers must participate in $1/4$ the total innings.

Basketball, Football & Soccer: A student shall participate in one-half ($1/2$) the total number of quarters played in the regular season.

Bowling: A student shall participate in one-half ($1/2$) the total number of games played in the regular season.

Cheerleading: A student shall participate in one-half ($1/2$) the total number of games played in the regular season. A student may earn a maximum of one varsity letter per school year.

Cross-Country: A member of the Cross-Country team must finish in the top half of the league, invitational, or sectional meet to be eligible for a letter, or be top 7 on the district or regional team. On a team of less than ten (10) runners, the top five (5) will be eligible. On a team of ten (10) or more runners, the top seven (7) will be eligible. Top runners will be determined on a lower point basis - e.g. first runner for the team in a meet will get one (1) point, the second runner two (2) points, etc. Points will be totaled at the end of the season.

Golf: A student will play in at least one-half ($1/2$) of the team's season matches. Any boy/girl who plays in the District or State matches will qualify.

Track: Any student who earns a point (or fraction of a point) in the MVAC League Championship meet, the District meet, or an Invitational meet recognized by the OHSA, provided he/she has participated in at least one-half ($1/2$) of all regular season meets, shall qualify. If a student is a competing member of a championship team, he/she will letter.

Volleyball: Any student who participates in one-half (1/2) of the matches will qualify.

Important Note

No awards from either the school or outside recognition (such as all-league, district, state, etc.) will be given if the student-athlete does not finish the year/season in good standing. Good standing means that the player must be on the team roster at the end of the season. i.e. The player has not been removed from the team by the Coach/AD or made the decision to quit the team. Any individual records will be nullified. Remember: participation in athletics is a privilege. By signing this, you are stating that you will not knowingly possess, consume, purchase, attempt to purchase, show evidence of having consumed, transmit, distribute, offer for sale, or be under the influence of any narcotic, hallucinogen, steroid, alcoholic beverage, marijuana, nicotine, intoxicant of any kind, or drug not specifically prescribed for you by a certified physician. Further, you are stating that you will not be present at any activity or party attended primarily by students or recent graduates where illegal consumption/use of any of the above substances is prevalent. A student found to be in attendance at such an activity or party but found not to be under the influence of or not to have used any of the above substances shall be bound by the Core Team's recommendation for him/her and may be punished by suspension or dismissal from the team or squad in which he/she is participating. This contract shall be in effect from the first day of the school year until the first day of the next school year.

SELECTING THE TEAM

While our ultimate goal is to promote the greatest athletic participation possible at all levels of LaBrae athletics, it may be necessary in some sports to “cut” a squad. This may occur due to any number of reasons, but usually the nature and limitations specific to some sports. Every coach has the ultimate responsibility and authority for selecting his/her team. The criteria for selecting the team are developed by the coach. It is also important to remember that there are no guarantees. Players from the previous year’s team, for example, do not automatically make the upcoming team, nor does being a senior ensure that an athlete will make the squad. Both parents and prospective team members should expect that every candidate is treated fairly and given every opportunity and consideration. Coaches will be sensitive to feelings of disappointment, will handle the task as positively as possible, and will be available to answer athletes’ questions. While we understand that being cut is disappointing for many athletes and even for their parents, the possibility of not making a team should be understood at all levels of competition. Anyone cut from a team is welcome to try out again next season or try another sport. When parents and athletes understand and support the coach’s decision, this difficult process becomes a less painful experience for all.

PROCEDURES RELATIVE TO TEAM CUTS

When the Board of Education sets policy for the high school and middle school athletic program, the Principal and Athletic Director are responsible for the administration of the school's athletic programs. The following procedures have been developed to allow for the best program for all students:

1. The number of participants in some athletic programs is limited. This requires that some prospective participants be cut from the squad, based upon determination of the head coach and his/her staff. The head coach makes the final decision in such cases. Players will be kept on teams based on playing ability, not grade level or program loyalty. The sport and the number of coaches, the number of levels, and the facilities available may determine team size.
2. Objective ratings must be done by coaches on players who are trying out for a team. Explanation of criteria will take place at a pre-season player/parent meeting.
3. Head coaches must make difficult decisions regarding which athletes play when and how much. We ask parents and students to respect the decisions of the head coach. It would be virtually impossible for an athletic program to function if a coach were unable to make decisions regarding the amount of playing time and which athletes play during the contests. Any student and/or student's parent may discuss these decisions with the coach following appropriate protocol. If the student and/or student's parents are not satisfied at that time, they may then contact the Athletic Director. The Athletic Director, at his/her discretion, discusses the concern with the coach, student or the student's parents, but in no case shall the Athletic Director or Administration have the authority to compel the coach to alter these discretionary decisions.
4. Freshman are permitted to participate at the varsity level. It is strongly recommended by the Administration and Athletic Department that a meeting takes place with the player, coach, and parent to explain expectations, ramifications, and impact of such a decision.
5. Student athletes will not be permitted to try out for a team after the final roster is submitted and the first game/scrimmage has been completed. Athletes cut from a team may try out for another sport if roster spots are available.

DUAL SPORTS PARTICIPATION GUIDELINES

Rationale: LaBrae High School seeks to provide quality co-curricular athletic opportunities for its students. Some students have talents and abilities which they have a desire to contribute to more than one team in a particular season and both of these teams can benefit. Some activities may struggle with low numbers and this can boost participation in those sports. Student participation in two activities during the same season: Students are allowed to participate in two co-curricular activities during the same season. Students wishing to

participate in two sports during the same season will need to obtain and complete a request form from the athletic department involving dual sports participation.

Rules of dual sports participation

1. A student who wishes to participate in two sports during the same season must designate a primary sport before the beginning of the first appointed date of practice set by the OHSAA for the season of participation. OHSAA eligibility requirements must be followed as well for both sports.
2. A primary sport is defined as the sport that takes precedence over another in the event of a conflict in schedules or any other matter that may lead to conflict. The student must adhere to the primary sport in the event there is a conflict. If one sport has a contest and the other has practice, the contest will take precedence.
3. The student must practice in both sports but the amount of practice time must meet the agreed requirements of the head coaches of those sports involved. Coaches must meet prior to the start of their first practice to discuss and agree upon terms for practice and athletic events.
4. Approval may be denied at any time due to academic concerns during the sport season. The student will then participate in the primary sport only.
5. The dual sports contract must be completed and returned to the athletic office before the first practice of both sports.
6. Any athletic suspensions from one sport will apply to both sports.
7. Coaches of teams involved are responsible for clarifying the role of the dual athlete to other teammates. This must be done before the start of the season and all team members must be aware of expectations.

QUITTING A TEAM

An athlete who quits a team may not join another athlete team during the same season. If an athlete quits or is removed from a team, the parent/guardian shall be informed by the athletic department and/or head coach.

Note: A student may only participate in a second sport if he/she quits a sport when he/she has declared a second sport prior to the beginning of the sport season. Participation in pre-season workouts with an upcoming sport team must be agreed upon by both head coaches.

PARENT'S PLEDGE

In your role as a parent, you obviously love and are concerned about your child's welfare. You want the best for him or her. But an athlete can have only one coach. Allowing the coach to instruct and guide the team is crucial. A positive parent/coach relationship will require the following promises:

As a parent of an athlete, I promise:

1. To emphasize that "team" must take precedence over the individual.
2. To make sure my children know that win or lose, scared or heroic, I love them, appreciate their efforts and are not disappointed in them.
3. To try my best to be completely honest about my child's athletic ability, competitive attitude, sportsmanship and actual skill level.
4. To be helpful but don't coach them. i.e. A parent should not compete with the coach.
5. To teach them to enjoy the thrill of competition, to be "out there trying," to be working to improve their skills and attitudes.
6. To emphasize the importance of academics and understand the academic requirements necessary for participation in interscholastic athletic activities.
7. To not compare the skill, courage or attitude of my child with other members of the team.
8. To make every effort to communicate honestly, openly and objectively with coaches within the guidelines established in this handbook.
9. To remember that children tend to exaggerate, both when praised and criticized.
10. To remember that most student athletes do not receive athletic scholarships. Their future as an active, contributing citizen is determined by their academic abilities, not their high school athletic abilities.
11. To remember that a ticket to an interscholastic athletic event is a privilege to observe the contest, not a license to verbally assault others or enter the playing area at anytime.
12. To encourage and support your student athlete's efforts to follow the team rules and athletic code. Remember that you sign a parent athletic pledge stating your support of the athletic code, its enforcement and penalties. This is a year-round responsibility and not limited to the athletic season.

EXPRESSING PARENTAL CONCERNS

When expressing an occasional concern with a coach, parents are asked to refer to and use the following guidelines:

1. Always follow the proper athletic chain of command.
2. Never approach a coach at practice nor before or immediately after a contest. Neither is the proper time nor place for a discussion concerning your child or the team.

3. Appropriate concerns to discuss with coaches include the treatment of your child mentally and physically, ways to help your child improve, and concerns about your child's behavior.
4. Inappropriate concerns to discuss with coaches include playing time, team strategy, play calling, and other student-athletes.
5. Call the school the following day and make an appointment which is convenient for both you and the coach to meet. When a parent/coach meeting is necessary, the athlete involved should be present.
6. Raise your concerns in a calm and civil manner. Yelling, being rude or using foul language is totally unacceptable and will bring an immediate end to the meeting.
7. Once you have stated your question or concern, listen to the explanation. Often a parent may be blinded by emotion and this overrides logic and reason. Listening receptively may really help you to understand any explanation which is given.

Athletic Chain of Command

Within the LaBrae Local Schools, the following chain of command is in effect:

Head Coach > Athletic Director > Building Principal

If there are any questions or concerns involving some aspect of our athletic program, the athlete should first contact the appropriate coach. If there is no resolution, he/she would then go to the head coach, etc.

Expectations for Spectators

Spectators are expected to:

- Demonstrate sportsmanship at all times.
- Respect officials and their decisions.
- Encourage all participants in a positive manner.
- Refrain from abusive, profane, or threatening language.
- Avoid taunting, harassment, or intimidating behavior.
- Support a safe and welcoming environment for all participants and guests.

Prohibited Conduct By Spectators

The following behaviors are inconsistent with the values of LaBrae Athletics and may result in consequences, including possibly bans on attendance:

- Verbal abuse of coaches, players, officials, or spectators.
- Threatening or intimidating behavior.
- Harassment or discrimination.
- Confrontational behavior before, during, or after contests.
- Interference with coaches performing their duties.
- Inappropriate social media activity directed toward students, coaches, officials, or other spectators.
- Conduct that disrupts the educational environment or brings discredit upon LaBrae Athletics.

TRAVEL

1. All student-athletes must travel to and from all scheduled scrimmages and contests in transportation provided by the athletic department unless the parent(s) make previous written arrangements for an exceptional situation with the head coach.
2. Student-athletes must adhere to all transportation guidelines as established by the Board of Education.
3. A student-athlete who misses a scheduled bus trip to an out-of-town scrimmage or contest will not be permitted to participate in said contest unless there are extenuating circumstances.
4. Student-athletes must adhere to all behavioral expectations set forth in the Student Handbook.

PRE-SEASON PARENT / ATHLETE MEETINGS

There will be a state mandated parent/athlete meeting prior to each athletic season. Every attempt should be made to attend by both parents and athletes. During such meetings, the following will be addressed by our coaches:

1. LaBrae Athletic Handbook
2. The criteria by which teams may be selected
3. The forms which must be completed in order for students to participate
4. Practice and contest schedules
5. Drug Testing
6. Optional Student Insurance
7. Questions from parents

ANTI-BULLYING/HARASSMENT

The LaBrae Local School District strives to provide a safe, secure, and respectful learning environment for all students in school buildings, on school grounds and school buses, and at

school-sponsored activities. Bullying has a harmful social, physical, psychological and academic impact on bullies, victims, and bystanders. The school district consistently and vigorously addresses bullying so that there is no disruption to the learning environment and learning process. Bullying in Ohio Schools is defined in Ohio law (Ohio Revised Code 3313.666) as any intentional written, verbal, graphic, or physical act that a student or group of students exhibits toward another particular student more than once, and that the behavior both: causes mental or physical harm to the other student; and is sufficiently severe, persistent or pervasive that it creates an intimidating, threatening, or abusive educational environment for the other student. Cyberbullying is the above prohibited behavior perpetuated with computers, cellular phones, Internet websites, and/or any other electronic device.

Bullying behavior can be:

- Physical (e.g. assault, hitting or punching, kicking, theft, threatening behavior)
- Verbal (e.g. threatening or intimidating language, teasing, name calling, racist remarks)
- Indirect (e.g. spreading cruel rumors, intimidation through gestures, social exclusion, sending insulting messages or pictures by mobile phone or using the Internet-also known as cyberbullying)

Any acts of bullying, as defined above, should be reported immediately to school administration. While the majority of these issues may occur “on school property”, or “at school events”, it should be noted that discipline involving bullying may also include where bullying originates as well as where it is communicated. If the act of bullying occurs off school property/during nonschool hours, it may still result in school/athletic discipline if there is a disruption in the learning environment in the school setting. Bullying behavior is prohibited in all schools, buildings, property and educational environments, including any property or vehicle owned, leased, or used by the school district. Educational environments, include, but not limited to, every activity under school supervision. The LaBrae Local School District must be a safe haven where all students feel physically and emotionally safe and secure at all times. Parents can assist the school district and help protect their children by joining in this effort.

PLEASE CONTACT YOUR RESPECTIVE BUILDING PRINCIPAL TO REPORT ANY ACTS OF BULLYING.

ANTI-HAZING

Hazing is an act that places a student or athlete in an embarrassing, demeaning, or humiliating situation as a rite of passage or initiation to a team. The school district and athletic department forbids the practice of hazing by fellow athletes or coaches. Athletes are never required to pass or perform any initiation or ritual to become part of or retain membership on an athletic team.

TECHNOLOGY/SOCIAL MEDIA

Cell phones may not be used while on a team bench, team sideline, during a team meeting, or during an athletic contest or practice unless instructed to do so by a coach, athletic trainer, etc. For privacy reasons, cell phones are not permitted to be used in a locker room at any time. The use of cell phones may be further restricted during team travel or at away contests as part of team rules or policies. Athletes should remember any image, photo, or video appearing on the Internet or posted on social media sites may be used to trigger co-curricular code violation. There may be no way to establish timeframe for when or where the image was taken. Therefore, an athlete assumes the responsibility for placing himself/herself in a compromising situation.

CONTRACT

I agree to assume responsibility for all equipment issued to me and to confine the use of that equipment to practice and games. I will further agree to pay for any and all equipment which I do not return at the end of the season. I agree to abide by all the rules and regulations set forth in the LaBrae High School rules and this athletic contract.

(Athlete's Signature / Date)

I, as a parent/guardian of the above athlete, have read and understand the policies and rules as set forth in the contract for athletic participation in LaBrae High School. I understand my son/daughter cannot participate in any sport until this contract is signed and fulfilled.

(Signature of parent/guardian / Date)

LABRAE ATHLETIC DEPARTMENT ATHLETIC PARTICIPATION WAIVER, CONSENT AND RELEASE FORM

The undersigned in my capacity as parent and legal guardian of _____, hereby consent to his/her participation in (Child's Name) _____, sponsored by LaBrae School District. Furthermore, I (Activity/Sport) hereby acknowledge that there are inherent risks associated and accompanied with the above stated activity and that the child named above may be injured as a result of an accident arising out of participation in the named activity. In consideration for permitting the individual named above to participate in the activity named above, the undersigned releases and holds harmless LaBrae School District and/or its employees, teachers, coaches, administrators, et al., from any and all liability including, but not limited to liability for injuries or damages sustained by the individual.

(Print)

(Athlete's Signature)

(Date)