

# **LABRAE HIGH SCHOOL**

**TUESDAY,  
OCTOBER 1**

**“Home of the Vikings”**



# MEETING NEWS



## PREP BOWL

### High School Sign-up Meeting

Wednesday 10/2 in the Teacher's Lounge  
across from the Band Room during lunch.

See Mr. DiMuzio in Room 925 if you would  
like to join but cannot make the sign-up  
meeting.

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# ITEMS OF INTEREST

## NATIONAL HONOR SOCIETY SPONSORED BLOOD DRIVE:



**If you are donating today  
please bring your ID with you.**

**You can also complete the  
Rapid Pass sent to your email  
ahead of time!**



### Blood donors:

- Check your email for a link to a pre-donation questionnaire.
- You are permitted to carry a clear water bottle today.

# ITEMS OF INTEREST



## Attention Junior and Senior Students

- **If you are interested in NCAA Clearinghouse!**
- **Please sign-in to the Chromebook outside Mrs. Wilthew's office, located in middle school, for an appointment.**

# **SPORTS NEWS**



## **VOLLEYBALL:**

**COME OUT AND SUPPORT BREAST CANCER AWARENESS AND OUR VOLLEYBALL TEAM THIS THURSDAY AT 5:30.**

**REMEMBER TO WEAR YOUR PINK SHIRT!**



# CAFETERIA NEWS



## Things to Know

**All students who qualify for a reduced-price meals can eat for FREE. The state budget has authorized schools to provide meals at no-cost to students eligible for reduced meals.**

**New meal applications must be submitted by  
Tuesday, October 8th**

# TODAY'S LUNCH



## Dish of the Day

### **Chicken & Cheese Soft Tacos**

- Homestyle Refried Beans
- Citrusy Mandarin Oranges

## Fan Favorite

### **Fiestada Pizza**

## Deli

### **Fruit & Yogurt Parfait with Granola**

## Grille

### **Chicken Sliders**

**- Tater Tot Tuesday: Tots for sale for \$1.00**

**- Hershey's Ice Cream for Sale**

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