

LABRAE HIGH SCHOOL

**WEDNESDAY,
FEBRUARY 19**

“Home of the Vikings”



MEETING NEWS



6th GRADE CAMP COUNSELORS:

There will be NO meeting TODAY!

ITEMS OF INTEREST



Sophomore Student of the Month



Favorite Classes: Advanced English 2

Favorite Activities: Cheer, Soccer, SADD, Marching Band, Concert Band, Track, English festival, Students for Christ

Outside School Activities: Working out, Reading, & going shopping with friends

Favorite Book: Lord of the Rings Trilogy

Favorite TV Show: Gossip Girl

Favorite Movie: Interstellar

Role Model: Megan Young

Favorite Food: Chipotle

Future Career: Criminal Defense Attorney

Kendra Chabek



ITEMS OF INTEREST



MAJORETTE TRYOUTS

Wednesday, Feb 26 @ 4:00pm

**Clinics will be held from 2:45–3:45pm on
2/19, 2/20, 2/24, and 2/25**



Pick up your application in the band room!

Applications must be signed by a parent/guardian

TODAY IS LAST DAY TO SIGN UP AT LUNCH!



Any student that needed to get a parent/guardian permission form needs to be turned in to me by the end of the day on Thursday, 02/20/2025



Blood Drive!

**Student Council
Blood Drive is
Friday,
February 21st.**

Donors
will receive a
\$15 giftcard!

If you are
16 years old, you
will need a signed
parental consent
form before
signing up!

Tips to prepare:

- Get a good nights sleep
- Eat a good breakfast
- Stay hydrated

How to prepare to give blood



Make an appointment



Get a good night's sleep



Hydrate



Eat a healthy meal



Complete a RapidPass*



Relax



American Red Cross

Schedule your appointment
RedCrossBlood.org

Iron-Rich Foods



Meat and Eggs

Beef
Ham
Turkey
Chicken
Eggs



Seafood

Shrimp
Clams
Scallops
Oysters
Tuna



Vegetables

Spinach
Sweet Potatoes
Peas
Broccoli
String Beans



Fruit

Strawberries
Watermelon
Raisins
Dates
Figs

RedCrossBlood.org/iron



American Red Cross



*Kindness is
in your blood*

POWER RED

Eligibility Criteria

Female

NEW Minimum Height: 5'3"

Minimum Weight: 150 lbs.

Male

Minimum Height: 5'1"

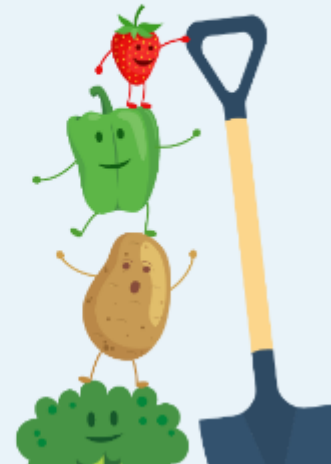
Minimum Weight: 130 lbs.



American Red Cross

Iron-rich fruit & veggie ideas you might dig

Strawberries
Chard
Green pepper
Kale
Potatoes
Spinach
Broccoli
String beans
Collards
Watermelon
Peas
Sweet potatoes



American

ITEMS OF INTEREST



THE LIBRARY WILL BE OPEN TODAY!

- Please take the time to return or renew your book(s) as soon as possible.
- Books can be returned to the library at any time, but may only be renewed when the library is open. Special arrangements can be made to renew or return a book by seeing Mrs. Mullenax.

ITEMS OF INTEREST



Attention Seniors.....

**Scholarship deadlines are quickly
approaching!**

**Don't forget to check the website daily for all available
scholarships!**

WWW.LABRAE.SCHOOL ~ HIGH SCHOOL ~ SCHOOL COUNSELORS ~ SCHOLARSHIPS

ITEMS OF INTEREST



BRACEVILLE FIRE DEPARTMENT AUXILIARY SCHOLARSHIP

Scholarship applications are available in the Guidance Office or on the LaBrae website.

All Scholarship applications **MUST** be returned to the LaBrae Guidance Office by Monday, March 10, 2025!!

No late applications will be accepted!



SPORTS NEWS



BOWLING:

The LaBrae Boys Bowling team won the MVAC Tournament.

Individual scores

Nate Goldner - 719	1st Team All MVAC
Gavin Laurenzi - 605	2nd Team All MVAC
Nate Morris - 560	1st Team All MVAC
Zeke Senne - 555	
Ethan Howard - 496	Honorable Mention All MVAC
Ryan Simunich	2nd Team All MVAC
Alex Prouty	2nd Team All MVAC

The LaBrae Girls Bowling team tied for 2nd in the MVAC Tournament

Individual scores

Maddy Touart - 543	1st Team All MVAC
Bria Collins - 432	1st Team All MVAC
Jasmine Hartzell - 373	2nd Team All MVAC
Jordynn DeSmith - 453	Honorable Mention All MVAC
Zabella Lengel - 259	

Congratulations & Good Luck this weekend in the OHSAA District Tournament.
Boys will bowl on Friday and the Girls will bowl on Saturday.

SPORTS NEWS



Basketball Banquet

When:

Tuesday, March 18

Time:

Doors open at 5:30 pm

Dinner at 6:00 pm

Where:

HS Cafeteria

Tickets:

\$20.00 per ticket

Coaches, players,
cheerleaders are free

TODAY'S LUNCH



Dish of the Day

Meatball Hoagie

- Seasoned Steamed Broccoli
- Flavored Applesauce

Fan Favorite

Pepperoni & Cheese Flatbread

Grille

Hot Dog on a Bun

Deli

Ham & Cheese Bistro Box

- Hot Ala Carte item will be Jalapeno Poppers \$2.50