

LABRAE HIGH SCHOOL

**THURSDAY,
FEBRUARY 20**

“Home of the Vikings”



MEETING NEWS



6th GRADE CAMP COUNSELORS:

There will be a meeting during lunch
TODAY in Room 611 for all 6th grade
Camp Counselors.

ITEMS OF INTEREST



Junior Student of the Month

Favorite Classes: Government

Favorite School Activities: Envirothon

Favorite Outside School Activities: Digital & Traditional Drawing and Moding Games

Favorite Food: Spicy Italian Sausage

Favorite Movie: Spiderman into the Spiderverse

Favorite Book: Fahrenheit 451

Role Model: Sister

Future Career: Astrobiologist



Levi Plyer-Jones

ITEMS OF INTEREST



MAJORETTE TRYOUTS

Wednesday, Feb 26 @ 4:00pm

**Clinics will be held from 2:45–3:45pm on
2/19, 2/20, 2/24, and 2/25**



Pick up your application in the band room!

Applications must be signed by a parent/guardian

ITEMS OF INTEREST



Any student that needed to get a parent/guardian permission form needs to be turned in to me by the end of TODAY!



Blood Drive!

Student Council

Blood Drive is

Friday,

February 21st.

Donors
will receive a
\$15 giftcard!

If you are
16 years old, you
will need a signed
parental consent
form before
signing up!

Tips to prepare:

- Get a good nights sleep
- Eat a good breakfast
- Stay hydrated

How to prepare to give blood



Make an appointment



Get a good night's sleep



Hydrate



Eat a healthy meal



Complete a RapidPass*



Relax



American Red Cross

Schedule your appointment
RedCrossBlood.org

Iron-Rich Foods



Meat and Eggs

Beef
Ham
Turkey
Chicken
Eggs



Seafood

Shrimp
Clams
Scallops
Oysters
Tuna



Vegetables

Spinach
Sweet Potatoes
Peas
Broccoli
String Beans



Fruit

Strawberries
Watermelon
Raisins
Dates
Figs

RedCrossBlood.org/iron



American Red Cross



*Kindness is
in your blood*

POWER RED

Eligibility Criteria

Female

NEW Minimum Height: 5'3"

Minimum Weight: 150 lbs.

Male

Minimum Height: 5'1"

Minimum Weight: 130 lbs.

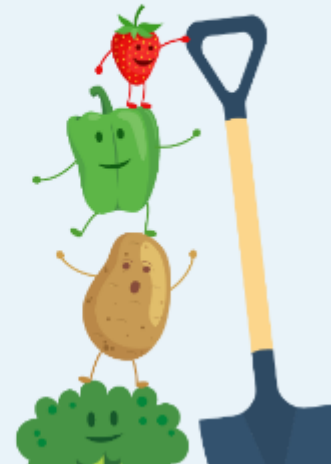


American Red Cross



Iron-rich fruit & veggie ideas you might dig

Strawberries
Chard
Green pepper
Kale
Potatoes
Spinach
Broccoli
String beans
Collards
Watermelon
Peas
Sweet potatoes



American

ITEMS OF INTEREST



School Prom Dress Event “Bling Prom Boutique”



March 10 & 11, 2025

5:00 PM to 7:00 PM

Champion High School “Flashzone”

Ladies, are you interested in attending prom, but feel the expense is too much. Come join us on March 10 or 11 for an evening of pampering. Champion High School and the Warren Junior Women’s League will be holding a prom dress closet event. We have an extensive display of dresses, shoes, jewelry, and handbags all available for your choosing. And it’s all **free**!! The event is open to any young lady in the Tri-county area.

If you’re in need of a dress, shoes and some bling, please join us this evening for a night of fun!

Any questions please contact Mrs. Bucco, past Pres. WJWL (becky.bucco@gmail.com) or

(330-720-8995) or Mrs. Stiffler, (cindy.stiffler@championlocal.org).

TODAY'S LUNCH



Dish of the Day

Breaded Chicken Parm & Pasta

- Seasoned Steamed Green Beans
- Assorted Juice

Fan Favorite

Breaded Chicken Sandwich

Grille

BBQ Grilled Chicken Sandwich

Deli

Crispy Breaded Chicken Bacon Ranch Wrap

- Ala carte item will be chocolate filled cake bites \$2.00