## LABRAE HIGH SCHOOL

## WEDNESDAY, SEPTEMBER 24

"Home of the Vikings"



#### **HOMECOMING NEWS**



## **Homecoming Tickets**

You can PURCHASE your HOMECOMING TICKETS BEFORE/AFTER SCHOOL and during LUNCH!

#### **HOMECOMING NEWS**



## SPIRIT WEEK THEMES .....

MONDAY: PAJAMA DAY





WEDNESDAY: DRESS AS A CELEBRITY



FRIDAY: CLASS SHIRTS



Spirit Week is Sept. 29 - Oct. 3rd!

#### **HOMECOMING NEWS**



## SPIRIT WEEK - PEP RALLY



Students can start signing up for the pep rally starting Wednesday, Sept 17th, outside Miss Adgate's room 902.

The cut off date will be Wednesday, October 1st.

#### **MEETING NEWS**



NHS MEMBERS WILL MEET WITH THE AMERICAN RED CROSS
ON WEDNESDAY, SEPTEMBER 24,



IN THE LOUNGE ACROSS
FROM THE BAND ROOM.





## SPEECH AND DEBATE TEAM MEETING

**THURSDAY** 

DURING LUNCH IN ROOM 226 (ACROSS FROM THE BAND ROOM)

Signup for categories completed by Wednesday





## **West Point Admissions Visit**



First Lieutenant Allie Beydler

is hosting an Admissions Event on Thursday, September 25th, for local students who have an open application to West Point and for any interested students and families with questions.

#### **Location:**

Austintown Library (600 S Racoon Rd, Youngstown, OH 44515)
Small Meeting/Children's Activity Room

#### Time:

4:00 - 7:00 p.m. (stop by for any length of time!)

#### <u>RSVP HERE:</u>

https://apply.westpoint.edu/register/Youngstown



# SUICIDE PREVENIS PREVENIS AWARENESS MONTH







Let's show our support on Thursday, Sept. 25th by wearing PURPLE!!



## Suicide Facts...

#### **General Facts**

- 1. Among those who commit suicide, more that 90% are suffering from depression.
- 2. It is the 10th leading cause of death in the US for all ages.
- 3. Every day, approximately 123 Americans die by suicide.
- 4. That is 44,965 Americans a year.

#### **Gender**

- Suicide among males is 4x's higher than among females.
- 2. Females experience depression at roughly 2x's the rate of men..
- Firearms are the most commonly used method of suicide among males.
- 4. Poisoning is the most common method of suicide for females.

#### <u>Age</u>

- 1. 1 in 100,000 children ages 10 to 14 die by suicide each year.
- 2. 7 in 100,000 youth ages 15 to 19 die by suicide each year.
- 3. 12.7 in 100,000 in young adults ages 20 to 24 die by suicide each year.
- 4. Suicide is the 2nd leading cause of death for 15 to 24 year old Americans.



## If You Need Help Right Now...



#### Talk to a trusted adult:

This could be a teacher, school counselor, or family member

#### **Visit the School Counselor's Office:**

Miss Nogales (10-12 grade), Mrs. Wilthew (6-9 grade), and Mr. Diaz (3-5 grade)

#### **Call or Text a Crisis Line:**

988 Suicide & Crisis Lifeline (Call or text 988)

Crisis Text Line: Text HELLO to 741741

Available 24/7, confidential, and free.



#### NHS Officers 2025-26

NHS would like to congratulate the following officers for the 2025-2026 school year.





## President-Liam Fiest

My name is Liam Fiest, I am involved in many extracurricular activities at school- drama and band to name a few. I've also been apart of student council for all four years of high school and am currently the student body President. This, along with this being my third year as class president, I believe makes me well-suited for the role of NHS President!





## Vice President-Makayla Scruggs

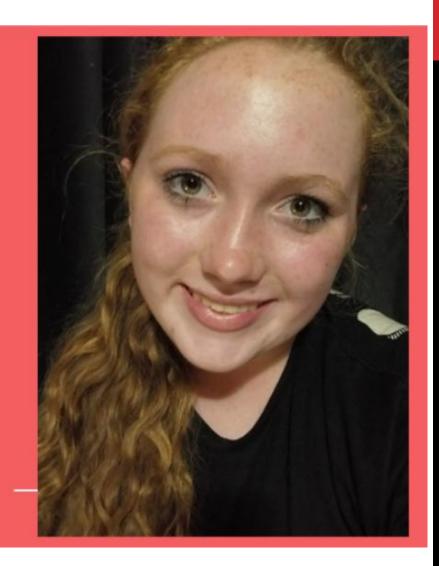
Hi, my name is Makayla Scruggs, and I am honored to be running for an NHS officer position. Throughout high school, I have gained valuable leadership experience as our class Vice President for all four years, President of Spanish Club for one year, and currently as Co-President of Viking Nation. These roles have allowed me to develop strong skills in organization, teamwork, and communication, as well as a passion for bringing people together to make a difference. I would love the opportunity to serve as an NHS officer to continue upholding the four pillars of scholarship, leadership, service, and character, and to help our chapter make a lasting impact on both our school and community.





### Secretary-Madison Johnson

Hi, I'm Madison Johnson but you can call me Madi. I play softball and travel softball. I am in marching band and Symphonic Band. I love music, food, and helping others. I would like to be an officer because I want leadership experience, the ability to have it on my transcript, personal growth, and to communicate problems and solve them in order to help the Viking community.



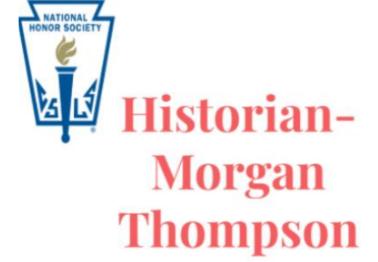


## Treasurer-Nathan Lutz

As treasurer for LaBrae NHS, I will ensure exceptional care over the chapter's finances.

At my current job, I am responsible for payments, billings, and charges regarding our guests. I am looking to pursue a degree in Finance and I am well rounded in the field.





I would love to be the historian, because I find great interest in learning more about the organization I am apart of. I enjoy working hand and hand with my fellow members and would love to be apart of developing this program more. Being inducted was more then just a rose and a piece of paper, it was showing that my hard work in myself community and more importantly myself paid off.







**Blood Drive** 

LaBrae High School Gymnasium

Tuesday, Oct 7, 2025

8:00 am to 1:00 pm

You must be 16 years or older to donate and must have a permission slip signed.

Please get a Permission slip from the HS front office.

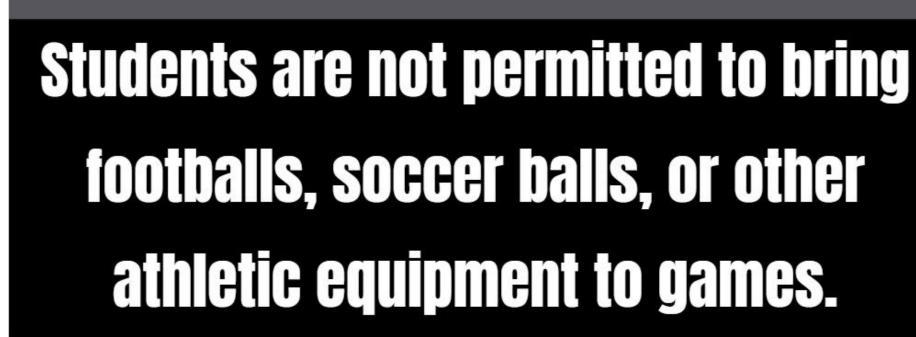


Please mark your calendar!

Thursday, October 9<sup>th</sup> is Senior Night!

All SENIORS must attend Senior Night with a parent/guardian!!





#### **SPORTS NEWS**

#### VARSITY DEFEATED CHAMPION

Varsity LaBrae 3, Champion 0

LaBrae 25 25 25

Champion 4 14 13

Kills: Brielle Stout 8, Leah DeArmitt 7, Riley Rowe 6,

Ally Magoulick 6

**Assists:** Shelby Bragg 19, Riley Rowe 9

**Digs:** Megan Young 16, Ella Kuszmaul 12,

Riley Rowe 12

**Aces:** Riley Rowe 5

JV LaBrae 0, Champion 2

**GOOD JOB GIRLS!** 



#### **TODAY'S LUNCH**

#### <u>Dish of the Day</u> Bosco Sticks w/Dipping Sauce

- Seasoned Steamed Green Beans
- Diced Pears
- Fan Favorite

**Chipotle Chicken Flatbread** 

#### <u>Deli</u>

Italian Bistro Box w/ Fresh Bread

#### **Grille**

**Crispy Fish Sandwich** 



#### **LUNCH NEWS**



